

Lancaster RA Walks History , January 2020 to March 2024									
2020									
Day	Year	Month	Day	Leader	Description	Area	Grid Ref	Length (miles)	Grade
January									
Wednesday	2020	January	8	Nina	Silverdale	L	SD 478750	6	D4
Saturday	2020	January	11	Sue	Farleton Knott	L	SD 553 762	9	C3
Wednesday	2020	January	15	Gill	Barbon	YD	SD 628 823	6.5	D4
Saturday	2020	January	18	Cynthia	Elterwater	LD	NY 329 049	8	C3
Wednesday	2020	January	22	Neil	Whinfell Tarn	LD	NY 541 010	7	C4
Saturday	2020	January	25	Sheila	Dentdale	YD	SD 661 921	11.6	C4
Wednesday	2020	January	29 1	David T	Brown Robin reserve and Hampsfell	LD	SD 414 783	5	C4
Wednesday	2020	January	29 2	David J	Brown Robin reserve and Hampsfell	LD	SD 414 783	8	D4
February									
Saturday	2020	February	1	Brian	Settle Loop	YD	SD 820 635	10	C3
Wednesday	2020	February	5	Don	Around Hutton Roof Crag	L	SD 552 762	7.5	C3
Saturday	2020	February	8	Sheila	Slaidburn	B	SD 711 523	12	C3
Wednesday	2020	February	12	Gill	Cartmel	LD	SD 388 788	6	D4
Saturday	2020	February	15	Sue	High Borans, Kentmere, Garburn Pass	LD	NY 423 005	9	C3
Wednesday	2020	February	19 1	Kath H	Fairy Steps	L	SD 495 799	7	D4
Wednesday	2020	February	19 2	Libby	Dallam Deer Park	L	SD 495 799	5	D4
Saturday	2020	February	22	Judy	Green Bell and source of River Lune	YD	NY 684 051	8.5	C2
Wednesday	2020	February	26	Jean	FP check walk				
Saturday	2020	February	29	Mary	Langcliffe	YD	SD 822 651	8	C3
March									
Wednesday	2020	March	4	David T	Winster	LD	SD 417 931	5.5	C4
Wednesday	2020	March	4	Neil	West Winster	LD	SD 417 931	8.3	C3

Saturday	2020	March	7	Judy	Souce of River Ribble	YD	SD 782 802	9	C3
Wednesday	2020	March	11	Libby	Mansergh	YD	SD 597 827	6.25	C4
Saturday	2020	March	14	Jean & Don	Brigflats and Foxes Pulpit	YD	SD 657 921	8.5	C3
No additional walks until July									
July									
Wednesday	2020	July	8	Jean	River Lune, Stodday and canal	L	SD459617	6.5	D5
Saturday	2020	July	11		No Walk				
Wednesday	2020	July	15	David T	Hutton Roof Crags	L	SD552761	6	C5
Saturday	2020	July	18	Maureen	Local walk including canal & river	L	SD492617	9	C4
Wednesday	2020	July	22	Gill	Halton, Grimeshaw Lane and canal	L	SD473626	7	D5
Saturday	2020	July	25		No walk				
Tuesday	2020	July	28	David J	Barleycop Woods, canal and river. Meet in Ryelands Park	L	SD475627		
Wednesday	2020	July	29	Neil	Hest Bank, Bolton-le-Sands, Nether Kellet and Carnforth	L	SD 468 666	7.5	D5
August									
Saturday	2020	August	1	Maureen	Heather walk if lucky. Over Clougha	L	SD543617	7 m	C3
Wednesday	2020	August	5	Libby	Glasson Dock	L	SD445561	6m	D5
Saturday	2020	August	8	Judy	Clougha, Ward's Stone, High Stephen's Head, Gallows Hill	L	SD546617	12.8	B1
Wednesday	2020	August	12	David J	Arnside and Silverdale. Meet at Arnside Tower	L	SD458773	5m or 7.5m (state which)	D4

Saturday	2020	August	15	Gareth	Halton to Aughton (non-drivers could take 0905 bus from Lancaster Bus Station to Halton)	L	SD503645	11	C3
Wednesday	2020	August	19	Jean	Arkholme to Gunnerthwaite, Storrs Hall and back along the Lune.	L	SD584722	7m	C5
Saturday	2020	August	22		No Walk				
Wednesday	2020	August	26	Neil	Caton Moor from Bull Beck / Brookhouse	L	SD 543650	7m	C4
Saturday	2020	August	29		No Walk				
September									
Wednesday	2020	September	2	David J	Sizergh and River Kent from Strickland Arms. 9.15am 555 bus from Lancaster or 9.25am fast bus with walk back from Prizet are possible.	LD	SD501873	6.5m	D4
Saturday	2020	September	5	Sheila	Kirkby Stephen to Pendragon Castle	YD	NY77308	10 miles	C4
	2020	September			Group size:10		8		
Wednesday	2020	September	9	Jean	Working Footpath Check walk. Checking route and clearing obstructing undergrowth. 3 groups of 4. area. Email for more details.				
Saturday	2020	September	12	Sue	Ingleborough from Clapham	YD		10	B1
Wednesday	2020	September	16	Gill	Kirkby Lonsdale to Casterton	YD	SD611787	7 miles	D4
Saturday	2020	September	19	Sheila	Kirkby Stephen to Soulby	HENP	NY773088	10 miles	C4
	2020	September			Group size:10				
Wednesday	2020	September	23	Neil & Mary	Lupton	LD	SD 540 822	7 miles	C4
Saturday	2020	September	26	Gareth & Judy	High Cup Nick	HENP	NY689250	10 miles	B2
	2020	September							
Wednesday	2020	September	30	Libby	Oxenholme	LD	SD536901	7.5 m	C4

October									
Saturday	2020	October	3	Sue	Helvellyn from Thirlmere	LD		10	B1
Wednesday	2020	October	7	Judy	Arnside to Fairy Steps via Sandside	LD	SD460 788	9	C3
Saturday	2020	October	10	Judy	Gragareth and Great Coum	YD	SD673 788	9	B2
Wednesday	2020	October	14	Jean	Working Footpath Check walk. Checking route and clearing obstructing undergrowth. 3 groups of 4. Ellel area. Email for more details.			4.6, 5 and 5.7	
Saturday	2020	October	17	Moir & Mary	Langcliffe, Stainforth, Feizor, Giggleswick Scar	YD	SD 822652	9	C3
Wednesday	2020	October	21	Libby	Leck	YD	SD 643 767		C4
Saturday	2020	October	24	Maureen	Hutton Roof and Farleton Fell	L	SD 552762	8.5	C3
Wednesday	2020	October	28	Gill	Knott End	L	SD358479	6	D4
Saturday	2020	October	31	Dorothy	Grizedale Reservoirs				
November									
Wednesday	2020	November	4	Gill	Tewitfield circular	L	SD517735		
Saturday	2020	November	7	Gareth	Upper Wyre Way	B	SD570549	11	C3
Wednesday	2020	November	11	Jean	Working FP Check walk. Checking routes and clearing obstructing overgrowth. 3 groups of 4. Overton Middleton area. Email for details.				
No walks in this date slot - cancelled									
December									
Saturday	2020	December	5	Sue	Walk from Slaidburn	YD		10	B2

Wednesday	2020	December	9	Jean and Don	Bazil Point and Sunderland Point (No 5 bus due in Overton 10.40)	L	SD434579	6.5	D5
Saturday	2020	December	12	Sheila	Linear, Silverdale Stn to Carnforth via Silverdale (train leaves Lancaster 9a.m., arrives Silverdale 9.15 a.m.)	L	SD476752	10	C5
Wednesday	2020	December	16	Neil and Jane	Abbeystead	B	SD 564 544	7	C4
Saturday	2020	December	19	Cynthia	Condor Green	L	SD 469 604	11	C5
Wednesday	2020	December	23	Dorothy & David J	Scorton to Dolphinholme	L	SD521520	8.5	D4
Saturday	2020	December	26	Judy	Crook of Lune	L	SD 486 620	7.5	D4
Wednesday	2020	December	30	Gill	Silverdale	L	SD471 746	7	D4
walks January to April									
2021									
Day	Year	Month	Day	Leader	Description	Area	Grid Ref	Length (miles)	Grade
April									
Wednesday	2021	April	14	Don and Jean	Warton Crag and Yealand Conyers	L	SD491725	7.6	C3
Saturday	2021	April	17	Cynthia	Cinderbarrow Circular	L	SD514757	9.6	C4
Wednesday	2021	April	21	David J and Libby	Trowbarrow, Gaitbarrows, Arnside Tower and Eaves Wood	L	SD458772	6.6	D4
Saturday	2021	April	24	Judy	Limestone Link and Lune valley	L	SD615782	10.8	C3
Wednesday	2021	April	28	Gill	Lune and the Highfields	L	SD542649	7	C4
May									
Saturday	2021	May	1	Dorothy	Garstang to Calder Vale circular	L	SD490472. (Also 40/41 Bus)	10.4	C3

Wednesday	2021	May	5	Kath H and Sandra	Grize Dale	L	SD535 490	7.5	D5
Saturday	2021	May	8	Gareth	Upper Wyre Way	B	SD571549	11	C3
Wednesday	2021	May	12	Neil and Mary	Yealand Redmayne	L		7.1	C4
Saturday	2021	May	15	Jean and Don	Crossgill	L	SD546 618	8.5	C3
Wednesday	2021	May	19	Libby and David T.	Barbon	YD	SD628825	6.5m	C4
Saturday	2021	May	22	Sue	Fiendsdale Head and Totridge	B	SD634512	10	B2
Wednesday	2021	May	26	Gill	Wray	L	SD605674	8m	C4
Saturday	2021	May	29	Gareth	Orton-Sunbiggin Tarn	YD	NY622081	10.5	C3
June									
Wednesday	2021	June	2	Mary	Ratherheath	LD	SD485 963	8.5	C4
Saturday	2021	June	5	Judy	Dunsop Fell and Beatrix Fell	B	SD 659 500	10	B3
Wednesday	2021	June	9	Jean	FP Check walk Aughton/Whittington area. 3 groups of 4				
Saturday	2021	June	12	David J	Scout Scar and the Kent from Sizergh	LD	SD501870	9.5	C3
Wednesday	2021	June	16	David J	Farleton Knott	L	SD539825	7	C4
Saturday	2021	June	19	Sue Pope	Kentmere Round LD	LD	SD457042	12	A1
Wednesday	2021	June	23	Gill	Levens and Sizergh	LD	Sd501869	8mls	C4
Saturday	2021	June	26	Gareth	Keld-Mosedale LD	HENP	NY553144	12.5	B2
Wednesday	2021	June	30	Don	Docker and Hutton Roof	L	SD553 762	7.5 mls	C4
July									
Saturday	2021	July	3	Sue	Helvellyn from Thirlmere, LD	LD		11	A1
Wednesday	2021	July	7	Neil	Whit Moor	B	SD 571 644	8.5	C3
Saturday	2021	July	10		No Walk				
Wednesday	2021	July	14	Jean	FP check walk Caton Claughton Hornby	L			
Saturday	2021	July	17	Sue	Skiddaw	LD	NY280256	9	A1

Wednesday walk 1	2021	July	21	Jean	Walk 1 Colton, Abbot Park and Rusland Moss	LD	SD318 861	8 miles	C3
Wednesday walk 2	2021	July	21	David T	Walk 2 Colton, Rusland Moss, Low Hay Bridge and Moss Wood	LD	SD318 861	5.3 miles	D4
Saturday	2021	July	24	Sue	Fairfield Horseshoe, LD	LD		12	A1
Wednesday	2021	July	28	Caroline	Sedbergh, YD	YD	SD662922	6.5m	C5
Saturday	2021	July	31	Gareth	Roundthwaite-Bretherdale	LD	NY610029	11	B3
August									
Wednesday	2021	August	4	Libby	Clawthorpe and Lupton	YD	SD540790	7m	C4
Saturday	2021	August	7	Sheila	Elterwater	LD			
	2021	August			Details to follow				
Wednesday	2021	August	11	Don	Whitbarrow	LD	SD452840	7.2m	C3
Saturday	2021	August	14	Dorothy	Abbeystead Upper Wyresdale	B			
Wednesday	2021	August	18	Kath H	Dolphinholme to Scorton	L	SD510533	7.5m	D5
Saturday	2021	August	21	Maureen	Heather walk from Burneside	LD	SD504957	11m	C2
Wednesday	2021	August	25	Mary	Heversham Head	L	SD507868	8mls	C4
Saturday	2021	August	28	Sue	Coniston & Wetherlam, LD	LD		9	A1
September									
Wednesday	2021	September	1	Jean	FP check walk Overton area				
Saturday	2021	September	4	Gareth	Orton - Oddendale stone circles	HENP	NY622082	11	B3
Wednesday	2021	September	8		No Walk				
Saturday	2021	September	11	Sue	Coniston & Wetherlam, LD	LD		9	A1
Wednesday	2021	September	15	Cynthia	Cunswick Scar & Underbarrow	LD	SD496947	7.5	C4
Saturday	2021	September	18	Moir	Melmerby Scar/Maiden Way	HENP	NY 624370	10.4	C1
Wednesday	2021	September	22	Neil	Finsthwaite Heights	LD	SD 373883	6.5	C3
Saturday	2021	September	25	Don	Hampsfell and Cartmel	LD	N/A	8.2	C3
	2021	September			Train from Lancaster Station or Carnforth to Grange -over-Sands	LD			
Wed walk 2	2021	September	29	David J	Winster TBC	LD		7 TBC	

Wednesday	2021	December	1	Gill	Bus to Levens bridge and walk to Kendal	LD	SD496852	7miles	D4
Saturday	2021	December	4	Judy	Fox's Pulpit from Killington	YD	SD613889	10 miles	C3
Wednesday	2021	December	8	Gordon	Hampsfell and Cartmel	LD		TBC	
Saturday	2021	December	11						
Wednesday	2021	December	15	Viv	Tarnbrook	B		TBC	
Saturday	2021	December	18						
Wednesday	2021	December	22	David J	Silverdale and Yealand Conyers, Mince Pies optional.	L	SD470746	6.5 miles	D4
Wednesday	2021	December	29						
2022									
Day	Year	Month	Day	Leader	Description	Area	Grid Ref	Length (miles)	Grade
January									
Saturday	2022	January	1	Judy	Clougha	L	SD 518 591	8	C3
Wednesday	2022	January	5	Pat W & Sandra P	Potter Tarn	LD	SD 469 987	6	C3
Saturday	2022	January	8	Cynthia	Barbon, Brownthwaite & Welprigg	YD	SD 627 823	8.5	C3
Wednesday	2022	January	12 1	Jean	Scout Scar	LD		7.5	C3
Wednesday	2022	January	12 2	Don	Cunswick Scar & Scout Scar	LD	SD 489 924	5	C4
Saturday	2022	January	15	***	Leader's Day				
Wednesday	2022	January	19	Libby	Roan Edge & Docker Fell	L	SD 589 934	7.5	C4
Saturday	2022	January	22	Gareth	Ward's Stone	B	SD 542 573	10	B2
Wednesday	2022	January	26	Gill	Kirkby Lonsdale & Casterton	YD	SD 615 782	6.5	C4
Saturday	2022	January	29	Sue	Hutton Roof Crag & Jarleton Knott	L	SD 553 762	10	C3
February									
Wednesday	2022	February	2	Neil	Borwick	L	SD 511 725	7.5	D5
Saturday	2022	February	5						
Wednesday	2022	February	9	Jean	Check Walk - Carnforth				
Saturday	2022	February	12	Sheila	Hutton Roof Crag to High Lupton	YD	SD 553 762	11m	B3

Wednesday	2022	February	16	***	***				
Saturday	2022	February	19	Cynthia	Dunmallard Hill & Dacre Ullswater	LD	NY 478 269	10m	C3
Wednesday	2022	February	23	Kath H.	Littledale	L	SD 526 604	8m	C4
Saturday	2022	February	26	Maureen	Beetham	L	SD 496 796	9.5m	C3
March									
Wednesday	2022	March	2	John S.	Beetham / Hazelslack	L	SD 49667963	7.5m	C4
Saturday	2022	March	5	Judy	Scaleber Force, Catrigg Force and Stainforth Force. From Settle. Returning on the Ribble Way	YD	SD 820 636	11m	C3
Wednesday	2022	March	9	Jean	Check Walk - Cockerham				
Saturday	2022	March	12	Gareth	Great Coum from Dent	YD	SD 707 871	10.5m	B1
Wednesday	2022	March	16	Gordon	Newton & River Hodder from Dunsop Bridge	RV	SD 660 502	7.5m	C4
Saturday	2022	March	19	Cynthia	Crosby Garret & Smardale from Newbiggin	HENP	NY 704 052	9.7	C3
Wednesday	2022	March	23	Neil	Astley Plantation (from NE of Newby Bridge)	LD	SD 389 876	7.5m	C4
Saturday	2022	March	26	Don	Brennand Valley, Dunsop Bridge	B	SD 633 513	10m	C3
Wednesday	2022	March	30	***	***				
April									
Saturday	2022	April	2	Sue	High Street from Hartsop	LD	-	10m	B2
Wednesday	2022	April	6	Jean	FP Check Walk				
Saturday	2022	April	9	Judy	Gurnal Dubs	LD	SD 469 988	11m	B1
Wednesday	2022	April	13	Mary	Ayside	LD	SD 394 836	7m	C4
Saturday	2022	April	16	***	***				
Wednesday	2022	April	20 1	Jean	Hutton Roof and Park Wood	L	SD 553 762	5m	C4
Wednesday	2022	April	20 2	Don	Docker Moor, Park Wood & Hutton Roof	L	SD 553 762	7.75m	C3
Saturday	2022	April	23	Ruth	Crummackdale & Stainforth from Langcliffe	B	SD 822 652	12.5m	C2

Wednesday	2022	April	27	Neil	Garsdale from near Sedbergh	YD	SD 694 912	7m	C4
Saturday	2022	April	30 1	Maureen	Clapham to Oxenbar woods &Smearsett Scar	YD	SD 745 693	10.5	C3
Saturday	2022	April	30 2	Gill	Heysham	L	SD 411 614	5m	D4
May									
Tuesday	2022	May	3	Jean	Slyne	L	SD 477 641	4.25m	**
Wednesday	2022	May	4	Jean	Check Walk - Leck, Ireby				
Saturday	2022	May	7	Sue	Coniston Old Man & Dow Crag	LD		10m	B1
Wednesday	2022	May	11 1	Dorothy	Scorton, Barnacre & Calder Vale	L		8.2m	C3
Wednesday	2022	May	11 2	David T.	Scorton and the Wyre Lakes	L	SD504 504	5.8m	D4
Saturday	2022	May	14	Gordon P.	Sedgewick	L		4.5m	C4
Tuesday	2022	May	17	Christine	Torresholme	L			
Wednesday	2022	May	18	Libby	Grayrigg & Moresdale Hall	HENP	SD 581 972	7m	C3
Saturday	2022	May	21 1	Judy	Sedbergh - Friends Way Walk	YD		10m	C3
Saturday	2022	May	21 2	Steve P.	Sedbergh - Friends Way Walk - Sedbergh to Brigflatts	YD	NY658922	5.5m	D5
Wednesday	2022	May	25	Viv	Beetham to Arnside	L	SD 4678 799	8m	D6
Saturday	2022	May	28 1	Anne	Tatham Fells	L	SD 653 654	9m	B2
Saturday	2022	May	28 2	Gill	Hest Bank, Crag Bank, Bolton- le-Sands	L	SD 468 665	5m	D4
Tuesday	2022	May	31	Gill	Barley Cop Woods & Lune Bank	L	SD 475 626		
June									
Wednesday	2022	June	1	Mary	Hubbersty Head	LD	SD 425 912	7m	C4
Saturday	2022	June	4	Sue	Pen-y-Ghent & Plover Hill from Helwith Bridge	YD		12m	A1
Tuesday	2022	June	7	Sheila	Carnforth	L	SD 494 696	4m	C5
Wednesday	2022	June	8 1	Jean	Heversham & Hincaster	L	SD 497 831	7m	C4
Wednesday	2022	June	8 2						

Saturday	2022	June	11	Catherine	Darwen Moor, Jubilee Tower & the Witton Weavers Way	B	SD 665 215	9.5	B2
Tuesday	2022	June	14	Julia & Keith	Lancaster Canal	L			
Wednesday	2022	June	15						
Saturday	2022	June	18	Judy	Drumaldrace & Semerwater	YD	SD 933 901	13	B2
Tuesday	2022	June	21	Don	Clougha from Rigg Lane	B			
Wednesday	2022	June	22	Janet	Sunderland Point	L	SD 413 572	8.2	C6
Saturday	2022	June	25 1	Gareth	Harrisend Fell	L	SD 536 491	12.5	B2
Saturday	2022	June	25 2	Cynthia	Brock Bottom & Beacon Fell	L	SD 548 430	6.8	C4
Wednesday	2022	June	29	Jean	Check Walk - Abbeystead				
July									
Saturday	2022	July	2	Judy	Malham Tarn to Arncliffe YD	YD	SD 894658	12.5 miles	C2
Tuesday	2022	July	5	Maureen	Burrow Heights	L	Meet at Collingam Park A6 end near cycle track just after Ashton Manor Care Home	4 miles	
Wednesday	2022	July	6	Cynthia	The Helm	L	SD534899	6.5	C3
Saturday	2022	July	9	Sue	Crinkle Crag and Bow Fell from Old Dungeon Ghyll	LD		11	A1
Tuesday	2022	July	12	Jen	Williamsons Park Area circular	L	Meet in Quernmore Rd rear of Ashton	3 miles including hills up and	
Wed walk 1	2022	July	13	Gill	Hawes to Appersett	YD	SD874898	7.5 miles	C3
Wed walk 2	2022	July	13		10.30 walk start				
Saturday	2022	July	16	Don	Sallows from Ings	LD	SD445987	10.5 miles	C2
Tuesday	2022	July	19	Gill	Meet at aqueduct car park.		SD488637	4 miles	D4
	2022	July			Grimeshaw Lane, canal, riverside	L			
Wednesday	2022	July	20	Jean	Footpath Check walk				

	2022	July			Brookhouse Littledale area. Map OL41 Forest of Bowland	L			
Saturday	2022	July	23	Jean	Cockerham and Cockersands Abbey	L	SD466521	7.75 miles	C6
Tuesday	2022	July	26						
Wednesday	2022	July	27	Joan & Gill	Bigland Tarn and Bigland Barrow	LD	SD346836	8 miles	C3
	2022	July			10.15 walk start				
Sat walk 1	2022	July	30	Sue	Robinson & Dalehead from Little Town	LD		10	A1
Sat walk 2	2022	July	30	Gill	Circular from Ryelands Park	L	SD475626	4 miles	D4
August									
Tuesday	2022	August	2	David J	Barleycop Woods, canal and river. Meet Ryelands Park car park (off-Torrisholme Rd)	L			
Wednesday	2022	August	3	Kath H and Sandra	Dolphinholme to Abbeystead	L	SD516533	7.5	D4
Saturday	2022	August	6	Catherine	High Pike and Low Pike from Ambleside Cricket club	LD		9 miles	A1
Tuesday	2022	August	9	Phil and Joan	River Lune and Aldcliffe.	L	SD459617		
	2022	August			Meet far end of St George's Quay near former Keyline building supplies..	L			
Wed walk 1	2022	August	10						
Wed walk 2	2022	August	10	Cynthia	Lily Tarn & Ambleside Fort	LD	NY371044	4.7 miles	C4
	2022	August			Walk starts 10.30				
Saturday	2022	August	13	Sue	Pavey Ark and the Langdales from Dungeon Ghyll	LD		9 miles	A1
Wednesday	2022	August	17	Jean	Coat Green Capernwray	L	SD519 750	6.75 miles	D5
Saturday	2022	August	20	Judy	Conistone to Kettlewell. With a visit to Kettlewell scarecrow festival.	LD	SD978674	12 miles	B2
Wednesday	2022	August	24	Neil	Twisleton Scar, YD	YD	SD 738 772	7.2 miles	C4

Sat walk 1	2022	August	27	Maureen	Heather walk from Newbiggin-on-Lune over Ash Fell and Smardale Fell.	HENP	NY 703 052	10miles	C3
Sat walk 2	2022	August	27	Gill	Tewitfield circular	L	SD520736	4 mile	D4
(4 miles)	2022	August							
Wednesday	2022	August	31	**	No Walk				
September									
Saturday	2022	September	3						
Wednesday	2022	September	7	Mary	Otter Bank near Kendal	LD	SD532972	7.5miles	C4
Saturday	2022	September	10	Judy	Pendle Hill from Downham	RV	SD784441	10 miles	C2
Wed walk1	2022	September	14	Sandra and Pat	Clapham and Thieves Moss	YD		8 miles	C3
Wed walk 2	2022	September	14						
Saturday	2022	September	17	Don	Gragareth, Great Coum, Crag Hill from Bullpot	YD	SD663815	9.5 miles	B2
Wednesday	2022	September	21	Jean	FP Check walk Tatham area				
	2022	September			Map OS41 Forest of Bowland				
Sat walk 1	2022	September	24	Gareth	Upper Borrowdale (from A6 north of Kendal)	LD	NY548027	12	B2
Sat walk 2	2022	September	24	Gill	Meet Nether Kellet near Lime Burners Arms	L	504681	4	D4
(4mls)	2022	September							
Wednesday	2022	September	28	Libby	Staveley	LD			
October									
Saturday	2022	October	1	Don and Jean	Scorton, Nicky Nook, Harrisend Fell and Wyresdale Lakes		SD504 503	7.75	C4
	2022	October				B			
Wednesday	2022	October	5	Cynthia	Mansergh & Rigmaden	YD	SD595 826	8	C4
Saturday	2022	October	8	Judy	Parlick and Fiendsdale Head	RV	SD601442	10	3
Wed walk 1	2022	October	12	David J	Witherslack area	LD	SD437860	7.6	C4
Wed walk 2	2022	October	12	David T	Witherslack area. One short steep climb.	LD	SD43708597	5.5	C4

Saturday	2022	October	15	Sue	Consiton Old Man	LD		9	A1
Wednesday	2022	October	19	Jean	FP check walk Arkholme Gressingham area Map OL7 South East Lakes and OL41 Forest of Bowland				
Saturday	2022	October	22	Judy	Source of the Ribble on Cam Fell	RV	SD779800	9.5	C3
Wednesday	2022	October	26	Sandra and Pat	Ribblehead and Chapel le Dale	YD		7	D4
Sat walk 1	2022	October	29	Sheila	Staveley	LD	SD470980	12	B2
	2022	October							
Sat walk 2, 4 miles	2022	October	29	Gill	Bolton le Sands	L	SD487686	4	D4
November									
Wednesday	2022	November	2	Judy	Potters Tarn and Gurnal Dubs	LD	SD469987	<u>7.5</u>	C3
Saturday	2022	November	5	Gareth	Shap Fells	HENP	NY 56651 09053	10	B3
Wed walk 1	2022	November	9	Kath H & Sandra	Nicky Nook and Grizedale Valley	L	SD504504	8	C3
	2022	November							
Wed walk 2	2022	November	9						
Saturday	2022	November	12	Sue	Whernside from Ribblehead	YD		10	B1
Wednesday	2022	November	16	Jean and Don	Finsthwaite, Rusland Heights and High Dam	LD	SD368 878	7	C3
Saturday	2022	November	19	Judy	Weets Top near Malham	YD	SD899625	12	C3
Saturday walk 1	2022	November	26	Catherine	The Silurian Way, Grizedale Forest	LD		10	C2
Saturday walk 2	2022	November	26	Libby	Conder Green	L	SD446560	4 miles	D5
Wednesday	2022	November	30	Neil	Crook	LD	SD 951 454	7.5	C4
December									
Saturday	2022	December	3	Sue	Barbon	YD		9	C3
Wednesday	2022	December	7						
Saturday	2022	December	10						

Wednesday	2022	December	14	Jean	Whitbarrow changed to Heversham	L		7.75	C3
Walk 1	2022	December							
Wednesday	2022	December	14	Libby	Whitbarrow changed to Heversham	L			
Walk 2	2022	December							
Saturday	2022	December	17	Gareth	Upper Wyre Way	B	SD570549	11	C3
Wednesday	2022	December	21		No walk				
Saturday	2022	December	24	Sue	Littledale	L		10	C3
Walk 1									
Saturday	2022	December	24						
Walk 2, About 4 miles									
Wednesday	2022	December	28		No Walk				
Saturday	2022	December	31	Judy	New Year's walk up Clougha with sherry and mince pies at the top! Booking required for this walk. I need to know numbers.	L	SD526604	8.5	C3
2023									
Day	Year	Month	Day	Leader	Description	Area	Grid Ref	Length (miles)	Grade
Wednesday	2023	January	4th	Kath H & Sandra	Dunsop Bridge	B	SD661502	7	C4
Saturday	2023	January	7th	Cynthia	Scout Scar from Sizergh. Bring NT card if you have one	LD	SD497 878	8.5	C3
Wednesday	2023	January	11th	Jean	Caton and River Lune	L	SD542 650	5	C5
Wednesday	2023	January	11th	Don	Caton Moor Claughton and River Lune	L	SD542 650	7.5	C4
Saturday	2023	January	14th	Sue	Nicky Nook from Dolphinholme	L		10	C3
Wednesday	2023	January	18th	Sue R	Arnside Knott and Silverdale	L	SD 454 786	7	C4
Saturday	2023	January	21st	Judy	Hutton Roof and Farleton Knott	L	SD552761	8.5	C3

Wednesday	2023	January	25th	Jean	FP Check Walk Yealands Map OL7 South east Lakes				
Saturday	2023	January	28th	Judy	Leaders' Day - Slyne				
Wednesday	2023	January	4	Kath H & Sandra	Dunsop Bridge	B	SD661502	7	C4
Wed walk 1	2023	January	11	Jean	Caton and River Lune	L	SD542 650	5	C5
Wednesday	2023	January	18	Sue R	Arnside Knott and Silverdale	L	SD 454 786	7	C4
Wednesday	2023	January	25	Jean	FP Check Walk Yealands Map OL7 South east Lakes				
February									
Wednesday	2023	February	1	Libby	Mansergh	YD	SD597827	7m	C4
	2023	February							
Saturday	2023	February	4	Gareth	Sedbergh-Dent	YD	SD653918	12	B3
Wed Walk 1	2023	February	8						
Wed walk 2	2023	February	8	Cynthia	Crooklands, Endmoor & Canal	L	SD534 836	5 miles	D5
Saturday	2023	February	11	Sue	Bog free Bowland from Tarnbrook	B	SD572555	9 miles	D3
Wednesday	2023	February	15	Neil	Hare Appletree Fell and Clougha, Not bog free! Great views.	B	SD 542 574	6 miles	B4
Saturday	2023	February	18	Paul	Ingleborough from Clapham	YD	NY745693	12 miles	B1
Wednesday	2023	February	22	Janet	Warton and Hyning Scout Wood	L	SD490724	5.7miles	C4
	2023	February					LA5 9RY		
Sat Walk 1	2023	February	25	Judy	Bowderdale and the Calf	HENP	NY684050	12 miles	B2
Sat Walk 2	2023	February	25	Jane	Halton, Bay Gateway	L	SD487637	4.3 miles	D5
March									
Wednesday	2023	March	1	Sheila	Over Kellett and north	L	SD520700	5 miles	D5
Saturday	2023	March	4	Cynthia	Bampton and High Kop	HENP	NY516181	8.5 miles	C2
Wed Walk 1	2023	March	8	Don	Barbon Low Fell	YD	SD627823	8 miles	C3
Wed walk 2	2023	March	8	Libby	Barbon/Casterton	YD	SD627823	5.5 miles	C5

Saturday	2023	March	11	Maureen	Shireshead to Dolphinhholme flower walk	L	SD493514	8.5miles	C4
Wednesday	2023	March	15	Jean	Footpath Check walk Wray Hornby area. Map OL41 Forest of Bowland				
Saturday	2023	March	18						
Wednesday	2023	March	22	Neil	Whitbarrow, LD. No steep ascent or descent.	LD	SD 452 840	8.2m	C3
Sat Walk 1	2023	March	25	Judy	Tb				
Sat Walk 2	2023	March	25	Libby	Newton woods and Denny Beck	L	SD483639	4.5m	C5
About 4 miles	2023	March							
Wednesday	2023	March	29	Jane	Lupton Circular, St Gregory's church	L	SD538825	7 miles	C4
April									
Saturday	2023	April	1	Sue	Fairfield Horseshoe	LD	NY373052	12	A1
Wednesday	2023	April	5	Jean	Footpath Check Walk				
Saturday	2023	April	8	Cynthia	Crosby Ravensworth to Kings Meaburn	HENP	NY621148	12	C3
Weds walk 1	2023	April	12	Jean	Hutton Roof and Park Wood. Primroses	L	SD552761	5.5	C4
Weds Walk 2	2023	April	12	Don	Docker Moor and Hutton Roof	L	SD552761	8	C3
	2023	April			Primroses				
Saturday	2023	April	15	Sue	Fiendsdale Head & Totridge	LD	SD633512	10	B2
Tuesday	2023	April	18	Jen	Williamson's Park area meet by the Quernmore Road entrance at the rear near Lancaster cemetery..	L	SD491617	3	D4
Wednesday	2023	April	19	Claire	Arkholme	L	SD580719	7 miles	C4
Saturday	2023	April	22	Sue	Robinson and Dale Head	LD	NY233194	10	A1
Tuesday	2023	April	25						
Wed Walk 1	2023	April	26	Judy	Norber and Crummackdale	YD	SD770687	7.6	C4
Wed Walk 2	2023	April	26	David T	Norber and Crummack	YD	SD770687	5.2	C4
Sat Walk 1	2023	April	29	Gareth	High Cup Nick	LD	NY689249	10	B2
Sat Walk 2	2023	April	29	Val M	Hawswater/Leighton Moss	L	SD471759	5	D4

May									
Tuesday	2023	May	2	Jean	Slyne Bolton le Sands via Beaumont Cote Meet at Slyne with Hest Memorial Hall	L	SD473 663	4.5	D5
Wednesday	2023	May	3	Sue R	Sedburgh, River Rawthey and Clough and Frostraw fell	YD	SD 665 919	7.6	C4
Saturday	2023	May	6	Gareth	Limestone Link Kirkby Lonsdale to Arnsdale. Catch 0835 Bus (81) from Lancaster to Kirkby Lonsdale. Return on train from Arnsdale.	YD	Meet at Lancaster Bus Station for 8.35am bus	12	C3
Tuesday	2023	May	9	Sandra and Pat	Conder Green/Glasson Dock circular	L		4	D5
Wed Walk 1	2023	May	10						
Wed walk 2	2023	May	10						
Saturday	2023	May	13	Catherine	Bowland Knotts, Catlow fell and White Hill.	L		10 miles	B2
Tuesday	2023	May	16	Libby	Bolton le Sands	L		4 miles	C5
Wednesday	2023	May	17	Jean	Crossgill and Littledale. Bluebells (hopefully)	L	SD546 618	6.5 miles	C4
Saturday	2023	May	20	Judy	Stakehouse Fell and The Arbour	L	SD535491	11 miles	B3
Tuesday	2023	May	23	Julia	Aldcliffe. Meet outside the Waterwitch on the canal	L	SD476611	4.5 miles	D4
Wednesday	2023	May	24	Jean	FP Check walk. Quernmore Over Wyresdale area. Map OL41 Forest of Bowland				
Saturday	2023	May	27	Maureen	Hornby to Wray - bluebells?	L	SD584683	9	C3
Sat. Walk 2	2023	May	27	Sandra and Pat	Scorton	L		4	
Tuesday	2023	May	30						
Wednesday	2023	May	31	Don	River Lune, Claughton and Caton Moor	L	SD542 465	8	C4
June									
Saturday	2023	June	3	Sue	High Street & Angle Tarn from Hartsop	LD	NY408132	10 miles	B1

Tuesday	2023	June	6	Jean	Sunderland Point	LD	SD433578	3.75 miles	C6
Wednesday	2023	June	7	Judy	Arnside Tower to Hazelsack Tower	L	SD478601	7 miles	C3
Saturday	2023	June	10						
Tuesday	2023	June	13	Jane	Meet at Lidl. Halton, Bay Gateway and canal	L	SD487637	4.3 miles	D5
Wed Walk 1	2023	June	14	Mary	Winster and Rosthwaite	LD	SD417931	7.5 miles	C3
Wed Walk 2	2023	June	14	David T	Winster and Rosthwaite Heights (787 ft ascent)	LD	SD417931	5.5 miles	C4
Saturday	2023	June	17	Paul	Ingleborough from Clapham	YD	SD745693	11 miles	B1
Sat Walk 2	2023	June	17	Nina	Jenny Brown's Point, Heald Brow, Jack Scout	L	SD428	4 miles	
Tuesday	2023	June	20	Don	Clougha - to the top from Rigg Lane. Meet Lidl.	L	SD526 604	4 miles	B4
Wednesday	2023	June	21	Neil	Whitbarrow (no steep ascents or descents)	LD	SD 452 840	7.5 miles	C4
Saturday	2023	June	24	Judy	Stakehouse Fell and the Arbour	L	SD535490	11 miles	B2
Tuesday	2023	June	27	Jen	Bowerham via Lancaster Uni return. Park next to the green space in Winchester Avenue. Bus 100 stops near to Moorside School in Bowerham Road.	L		4 miles	D5
Wednesday	2023	June	28	Jane	Gummers How, Cartmel Church, Raven's Barrow	LD	SD389876	7.5 miles	C4
July									
Saturday	2023	July	1	Sue	Robinson and Dale Head	LD	NY233194	10	A1
Thursday	2023	July	6	Claire	Lancaster Freeman's woods, Fairfield. Meeting corner of Furness St/Ford St (LA1 5QZ) on Marsh	L	SD 934 053	4	D3
Saturday	2023	July	8	Gareth	Bell Sykes Meadows and Stocks Reservoir	LD	SD713522	11	C3

Weds Walk 1	2023	July	12	Jean	Lancelot Clark Storth, Hutton Roof and Farleton Fell. Only 1 stile.	L	SD543783	7.5	C3
Weds Walk 2	2023	July	12	Libby	Burton in Kendal	L	SD532772	5.5	C5
Thursday	2023	July	13	Don	Slyne with Hest. Meet at Lidl.	L	SD476640	4	D5
Saturday	2023	July	15	Judy	Gummers Howe from Bowland Bridge	LD	SD417896	8.5	C3
Wednesday	2023	July	19	Claire	Abbeystead and Tarnbrook, Stoops Bridge start. One tiny scramble using bum or sticks!	B	SD 563543	7.5	C3
Thursday	2023	July	20	Kath H &	Littledale	B	SD550632	3.5	C4
	2023	July		Sandra					
Saturday	2023	July	22	Judy	Great Knoutberry and the Snaizeholme Red Squirrel Sanctuary	LD	SD779880	12	B1
Wednesday	2023	July	26	Sue Rym	Sedbergh, R Rawthey, Clough and Lower Frostfell	HENP	665918	7.5 miles	C3
	2023	July					New Bridge A684		
Thursday	2023	July	27	Maureen	Burrow Heights	L	SD473585	4 miles	D4
Sat Walk 1	2023	July	29	Sue	Helvellyn from Thirlmere	LD	NY317175	10	A1
Sat Walk 2	2023	July	29	Jean	Caton Bull Beck and River Lune	L	SD542649	4.5 miles	C5
August									
Thursday	2023	August	3	Maureen	Galgate, Cockshade Hill.	L	SD481555	4	D4
Saturday	2023	August	5	Sue	Coniston, Swirl How and Wetherlam	LD	SD301976	9	A1
Weds Walk 1	2023	August	9	Jean	Knott Hill and Scout Scar	LD	SD489924	5	C4
Weds Walk 2	2023	August	9	Don	Cunswick Scar, Knott Hill and Scout Scar	LD	SD489924	7	C3
Thursday	2023	August	10	Mary	Bolton-le-sands, Cragg Bank and canal	L		3.75	D4
Saturday	2023	August	12	Don	Hutton Roof Craggs and Coat Green	L	SD553 762	8.5	C3

Wednesday	2023	August	16	Julia	Claver Hill to Crook o' Lune. No stiles. Meet at Lidl	L		8 miles	C4
Thursday	2023	August	17	Jean	Denny Beck, River Lune	L	SD503 645	3.5 miles	D5
Saturday	2023	August	19	Judy	Langcliffe Scar with a visit to the Settle Flower pot Festival	N	SD823650	12 miles	C2
Wednesday	2023	August	23	Alan	Leck, Tunstall and Cantsfield	L	SD643767	7 miles	C3
Thursday	2023	August	24	Chris	Meet Rylands Park car park off Torrisholme Road	L		4 miles	D5
Sat Walk 1	2023	August	26	Maureen, Heather walk	Staveley to Brunt Knott to Gurnal Dubs and then down to Staveley	LD	SD470983	9 miles	C3
Sat Walk 2	2023	August	26	Libby	Staveley and River Kent	LD	SD469981	4.5 miles	D5
Wednesday	2023	August	30	Jean	Footpath check walk. Wrayton, Melling, Tunstall, Hornby area. Map OL2, YD S&W				
Thursday	2023	August	31						
September									
Saturday	2023	September	2	Judy	Great Knoutberry and Snaizholme Squirrel sanctuary	LD	SD779880	12	B1
Wednesday	2023	September	6	Neil	Wansfell Pike, LD	LD	NY 407 027	7 miles	C3
Sunday	2023	September	10	Sue	Cautley Spout and the Calf	HENP	SD660922	11 miles	B1
Wed Walk 1	2023	September	13	Jean	Yewbarrow, Low Park Wood, Whitbarrow	LD	SD452 840	7.75 miles	C3
Wed Walk 2	2023	September	13	Libby	Raven's Lodge	L	SD452840	5 miles	C5
Saturday	2023	September	16	Don	Hutton Roof Crag and Coat Green	L	SD553 763	8.5 miles	C3
Wednesday	2023	September	20	Kath & Sandra	Dunsop Bridge and Mellor Knoll	B	SD661502	7 miles	C4, 935 ft
Saturday	2023	September	23	Gareth	Whinfell Beacon and Borrowdale	LD	NY606014	12.5	B1
Wednesday	2023	September	27	Jean	Footpath Check walk Yealand Redmayne area. Map OL7 South east Lakes.				
Saturday Walk 1	2023	September	30	Judy	Flinters Gill and Deepdale	YD	SD706871	11 miles	B2

Saturday Walk 2	2023	September	30	Jane	Tewitfield to Yealand	L	SD521738	4 miles	D5
October									
Wednesday	2023	October	4	Jane	Bainbridge, Worton, Nappa Scar, Askrigg OL30 Map	YD	SD933902	6.5	C5
Saturday	2023	October	7	Don	Low Bentham, Great Stone of Four Stone and River Wenning	L	SD651693	8.5	C4
Wednesday Walk 1	2023	October	11	Neil	Silverdale	L	SD 471 760	8	C4
Wednesday Walk 2	2023	October	11	Claire	Silverdale Wells, 6 miles. Easy walk with one scramble (alternative route option too)	L	SD 471 760, NT Eaves Wood Silverdale	6	C5 (one scramble)
Saturday	2023	October	14	Sue	Place Fell from Patterdale	LD	NY 395 162	10	B1
Wednesday	2023	October	18	Jean	Footpath check walk Nether Kellet, Over Kellet, Bolton le Sands Map OL41 Forest of Bowland				
Saturday	2023	October	21	Judy					
Wednesday	2023	October	25	Mary	Shap Wells hotel, Red squirrel sanctuary	LD	NY579113	7mls	C4
Saturday Walk 1	2023	October	28	Gareth	Ings to Troutbeck	LD	SD445987	11	B2
Saturday Walk 2	2023	October	28	Cynthia	Peasey Beck from Crooklands	L	SD532836	5	D5
November	2023								
Wednesday	2023	November	1	Jean	Norber erratics from Clapham.	YD	SD744 692	7 miles	C3
Saturday	2023	November	4	Catherine	Cartmel fell and Gummars Howe	LD	SD416880	7miles	C3
Wednesday walk 1	2023	November	8	Kath H and Sandra	Dunsop Bridge and Mellor Knoll	B	SD661502	7 miles	C4
Wednesday walk 2	2023	November	8	Cynthia	Caton Moor	L	SD570644	5.5 miles	C4
Saturday	2023	November	11						
Wednesday	2023	November	15	Mary	The Helm and River Kent walk	L	SD534 898	7 miles	C4

Wednesday	2024	January	3	Don	Austwick, Oxenber Woods and Stainforth Force	YD	SD769687	7.5	C3
Saturday	2024	January	6	Sue	Smardale and Crosby Garrett	HENP	NY702056	8	C3
Wednesday Walk 1	2024	January	10	Jane Sellars	Meet for 10.14 Train to Silverdale on platform Lancaster Station or 10.24 at Carnforth. Walk to Arnside and return by Train	L	SD476752	7.5	C3
Wednesday Walk 2	2024	January	10						
Saturday	2024	January	13	Judy	Caton Moor and Whitmoor	L	SD570643	7.5	C3
Wednesday	2024	January		Jean	Priest Hutton Borwick Capernwray. FP Check. Map OL7, South East Lakes.				
Saturday	2024	January	20	Gareth	Canal and Keer	L	SD514758	10	C3
Wednesday	2024	January	24	Claire	Calder Vale, Bleasedale Tower	B	SD 532457	7 miles	C4
Saturday	2024	January	27	Catherine	Parlick, Fair Snape and Wolf Fell	B	SD 558445	6.5 miles	B3
Saturday Shorter Walk	2024	January	27						
Wednesday	2024	January	31	Alan	Crook o Lune	L	SD522647	6.5	C3
February									
Saturday	2024	February	3	Gareth	Scorton, Nicky Nook, and Harrisend Fell	B	SD504504	10	C3
Wednesday	2024	February	7	Jane	Cinderbarrow to Holme along the canal, Clawthorpe and Burton	L	SD513757	6.5	C5
Saturday	2024	February	10	Brian	Map Reading Day at Quernmore Methodist Church Hall				
Wednesday walk 1	2024	February	14	Kath H & Sandra	Fairy Steps and Haverbrack	L	SD496798	6.5 miles	C4
Wednesday walk 2	2024	February	14						
Saturday	2024	February	17	Judy	Source of the Ribble	YD	SD783802	9 miles	C3
Wednesday	2024	February	21	Mary	Ingleton	YD		7 miles	C4

Saturday walk 1	2024	February	24	Cynthia	Twistleton Scar from Chapel le Dale	YD	SD737771	7 miles	C3
Saturday shorter walk	2024	February	24	Libby	Glasson	L	SD443561	4.5 miles	D5
Wednesday	2024	February	28	Jean	Coat Green Priest Hutton and Capernwray	L	SD519749	7.5	C5
March									
Saturday	2024	March	2						
Wednesday	2024	March	6	Jean	Beaumont Cote, Bolton le Sands, The Shore and Hest Bank	L	SD473663	7.5 miles	C4
Saturday	2024	March	9	Don	Winster, Lambhowe and Rosthwaite Heights	LD	SD417931	8 miles	C3
Wednesday walk 1	2024	March	13						
Wednesday walk 2	2024	March	13						
Saturday	2024	March	16	Judy	Howgills. Green Bell and Randygill Top from Wath	HENP	NY684050	8 miles	B2
Wednesday	2024	March	20	Neil	Millthrop Bridge, Sedbergh, Ellerthwaite, Fairfield Mill.	HENP	SD 662 914	6.5 miles	C4
Saturday	2024	March	23	Sue	Lingmoor & Side Pike from Elterwater (National Trust carpark)	LD	SD328046	9 miles	A2
Wednesday	2024	March	27	Jean	Footpath check walk Whittington Docker Aughton area.				
Saturday	2024	March	30	Gareth	Kingsdale including Yordas Cave (bring torch if you want to enter the cave)	YD	SD691757	9.5 miles	B3
Saturday shorter walk	2024	March	30	Libby	Beetham	L	SD496799	4.5	D4